



Program for Corporations and Organisations valuing collaborators growth

Would you like to unleash the full potential of your collaborators and help them get to a place of full efficiency and focus while improving their sense of fulfilment at work?

If what is holding them back is

- Fear of public speaking for presentations or meetings
- Unease to make cold calls
- Difficult or tense relationships with superiors, team members or colleagues
- Feeling professionally stuck with recurrent difficulties
- Excessive timidity
- Feeling of unworthiness
- Stress being exposed to challenging and confronting environments (client services, debt collection ...)
- Any other clearly identified difficulty,

Then Mosaïc Therapy is a relevant answer. Mosaïc therapy is a solutionist therapy based on the newest neuroscientific research. The singularity of Mosaïc therapy lies in its ability to directly reactivate and amplify in the brain what was always there but not used. It's not about why there is a difficulty but about what experience would be better instead. Mosaïc is an innovative neuroscientific tool to quickly overcome blocages and improve relationships.

This makes Mosaïc a light and pleasant modality based on a strong neuroscientific model. There is no need to suffer to feel better.

Mosaïc therapy for Corporations and Organisations is offered in two steps in the form of one on one confidential meetings.



I am a Clinical Gestalt Relational Psychotherapist with 20 years experience in private practice and health organisations in accompanying individuals, couples and families. I have gained expertise in the treatment of depression, anxiety and ptsd. Mosaïc therapy is an efficient addition to the modalities I use with a specificity of being able to target one problem at a time. Acknowledging that difficulty and sometimes suffering at work is a reality I have made the decision to offer a program using this most advanced neuroscientific tool for effective and quick outcomes.

Contact Michele Coint-Bavarot for more information